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# Living Buddha, Living Christ 20th-Anniversary Edition



## Synopsis

"[Thich Nhat Hanh] shows us the connection between personal, inner peace and peace on earth."  
--His Holiness The Dalai Lama Nominated by Martin Luther King, Jr. for a Nobel Peace Prize, Thich Nhat Hanh is one of today's leading sources of wisdom, peace, compassion and comfort. The 20th anniversary edition of the classic text, updated, revised, and featuring a Mindful Living Journal. Buddha and Christ, perhaps the two most pivotal figures in the history of humankind, each left behind a legacy of teachings and practices that have shaped the lives of billions of people over two millennia. If they were to meet on the road today, what would each think of the other's spiritual views and practices? Thich Nhat Hanh has been part of a decades-long dialogue between two great contemplative traditions, and brings to Christianity an appreciation of its beauty that could be conveyed only by an outsider. In lucid, meditative prose, he explores the crossroads of compassion and holiness at which the two traditions meet, and he reawakens our understanding of both. "On the altar in my hermitage," he says, "are images of Buddha and Jesus, and I touch both of them as my spiritual ancestors."

## Book Information

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## Customer Reviews

This is an excellent book for anyone whose mind is open and not mired in dogma. No book can convince anyone who insists on being stubbornly dogmatic. I am a Christian. I practice meditation. The objective of meditation, Christian or Buddhist, is not to empty your mind of everything. The objective is to learn to see. Hahn does view Christ as a living person and a historical figure. In fact,

he very pointedly remarks that most Christians seem to be more interested in Christian dogma than in what Christ actually did—the example he lived for all of us. By the way, "Living Christ" is part of the title. "Traditional" Christianity has much in common with the Pharisees of Jesus' day. Now that Hanh is living and speaking in a Christ-like way, it's not surprising that he's encountering resistance, misunderstanding, and intolerance. "Traditional" Christianity is what it is, not because of being true to itself, but because of being true to Western Civilization's ethos of valuing material things, exploiting nature, and controlling the masses for political gain. Christianity and Science (the modern religion) both struggle with the problems that arise from the presumed existence of an objective world. "Traditional" Christianity diverged from the teachings of Christ within the very first century of the Church. Hanh exposes this quite convincingly, as long as you're not afraid to see it. Some reviewers have suggested that a Buddhist such as Hanh has no authority in defining what Christianity is or what it means to be a Christian. Who does? The very labels "Buddhist" vs. "Christian" cause a divisiveness that is as unfortunate as it is unnecessary. Each one of us is a human being on a spiritual journey.

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